



DES MOINES



CITY **CURRENTS**

WINTER 2015-2016

**Transportation Gateway Project
scheduled for spring**

ART ON POVERTY BAY

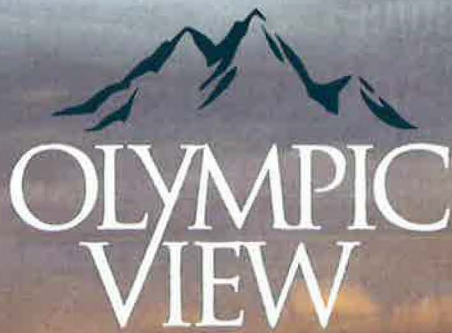
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25 years of community involvement, regional events and charities

- On staff for 25 years at Highline Medical Center as the hospital dentist.
- Providing care to in-patients and knowledge of dentistry to health care providers.
- Providing 25 years of dental services to several local and regional agencies for individuals in need.
- Providing charitable contributions for the community as well as dental outreach programs local and overseas.
- Former foundation member of Highline Medical Center.
- Former board member and past president of Normandy Park Community Club.

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On the flip side...



Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the WINTER 2015-2016 schedule.

- Calendar of Events – Check out what’s happening in Des Moines this winter
- Camp KHAOS schedule– Register now for winter!
- Get Out and Have Fun: Outings to Gardens, Restaurants, Theatre performances and abroad!
- Sign up your team for softball and basketball league!



2015-2016

Winter

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Council Highlights

**July-November 2015
Ordinance 1624-1629
Resolution 1302-1313**

Held Public Hearings:

- Marina District Development Incentive Establishing a Commercial Building Height Bonus Area
- The Pinnacles at Des Moines Modified Preliminary Subdivision Application, LUA2015-0030
- Wesley Homes Master Plan, LUA2015-0035
- 2016 Operating and Capital Budgets
- Temporary Encampments for the Homeless

Approved the Following Action:

- Interlocal Agreement Renewal with Water Resource Inventory Area 9
- Des Moines Creek Basin –Department of Natural Resources Aquatic Lands Outfall Easement for High Flow Bypass Pipe
- Amendment to Janitorial Services Contract with American Building Services to include Beach Park Dining Hall
- Transportation Gateway Project South 216th Street, Segment 1-A Right of Way Acquisition: Majestic Bay Apartments, LLC
- Joint Utility Trench Agreement with CenturyLink for the S 216th Street, Segment 1-A Improvements (24th Avenue S to Pacific Highway S)
- Set Public Hearing Regarding the Marina District Development Incentive
- Set Public Hearing Regarding LUA2015-0030; The Pinnacles at Des Moines Modified Subdivision
- 2016-2021 Capital Improvement Plan
- Redondo Boardwalk Update and Consultant Agreement Supplement for Additional Design Services
- Review Communications Plan
- Held Budget Retreat
- Gave Authority to Pursue Abatement Action (Golka)
- Transportation Gateway Project South 216th Street, Segment 1-A Right of Way Acquisition, Des Moines Center, LLC
- Set Municipal Court Judge Salary

- Surplus Vehicles and Equipment
- Set Public Hearing Regarding Temporary Encampments for the Homeless
- Amended DMMC 12.30.080, Establishment of Vehicle License Fee Revenue Source
- Transportation Gateway Project South 216th Street, Segment 1-A Right of Way Acquisition, Luria Pacific Northwest, LLC
- Appointment to Des Moines Lodging Tax Advisory Committee
- Set Public Hearing Regarding Wesley Homes Master Plan
- Construction Contract Award for the Des Moines 2015 Citywide Minor Pavement Restoration Project
- Consultant Contract Amendment with BHC Consultants, LLC
- Contract with American Building Services, Inc., for all City Buildings
- 2016 Budget Discussion
- Arts Commission Appointments
- Commute Trip Reduction Interlocal Agreement
- South 268th Street Sidewalk Improvements, Design Task
- Authorization for General Fund Short-Term Borrowing
- Grant Acceptance for South 268th Street Sidewalk Improvements
- 2015-2017 Recycling Program Funding
- Set Public Hearing Establishing Council's Intent to Assume the Des Moines Transportation Benefit District
- Accepted Grant for Parkside Park Renovation Project
- Marina Development Update
- 2016 Utility Tax Rates
- Consultant Services Contract with David A. Clark Architects, PLLC for the Design and Construction Administration Services for the Des Moines Beach Park Historic Picnic Shelter/Restrooms Rehabilitation

- Surface Water Management Rates
- Surplus Property-Vehicles and Equipment
- Transportation Gateway Project South 216th Street, Segment 1-A Right of Way Acquisition Safeway, Inc.
- 2016 Business License Fee Schedule
- Lodging Tax Committee Recommendations
- Des Moines Parks, Recreation and Senior Services Master Plan

Other Action Taken:

- Woodmont Recovery Campus Project Update
- State of the Court Address
- Redondo Boardwalk Update
- Made Presentation to Pacific Middle School Students on Governmental Policies and Procedures



Photo by Brett Curtiss

DES MOINES CITY COUNCIL



Dave Kaplan
Mayor



Matt Pina
Mayor Pro Tem



Luisa Bangs
Councilmember



Melissa Musser
Councilmember



Jeremy Nutting
Councilmember



Vic Pennington
Councilmember



Bob Sheckler
Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays at 7pm**

DES MOINES DIRECTORY

City Hall

21630 11th Avenue South

206-878-4595

Business Hours

Monday – Friday
8:00am – 4:30pm

www.desmoineswa.gov



City Council

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Melissa Musser MMusser@desmoineswa.gov

Jeremy Nutting JNutting@desmoineswa.gov

Vic Pennington VPennington@desmoineswa.gov

Bob Sheckler BSheckler@desmoineswa.gov

City Offices

City Attorney 206-870-6553

City Clerk 206-870-6519

City Manager 206-870-6541

Planning/Building 206-870-7576

Engineering 206-870-6522

Facilities Rentals 206-870-9370

Finance Director 206-870-6532

Marina 206-824-5700

Municipal Court 206-878-4597

Parks Administration 206-870-6527

Police Department 206-878-3301

Public Works/Park Maintenance 206-870-6559

Recreation 206-870-6527

Senior Services 206-878-1642

Other Numbers

Emergency 911

Animal Control 206-870-6549

Field House 206-870-6527

Fire (non-emergency) 253-839-6234

Library, Des Moines 206-824-6066

Library, Woodmont 253-839-0121

Police Dispatch (non-emergency) 206-878-2121

Utilities and Services

Century Link 800-573-1311

CleanScapes 206-762-4900

Comcast 877-778-7008

Highline Water District 206-824-0375

Lakehaven Wtr/Sewer 253-941-1516

Midway Sewer District 206-824-4960

Puget Sound Energy 800-321-4123

SW Suburban Sewer 206-244-9575

Water District #54 206-878-7210

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DES MOINES CITY CURRENTS

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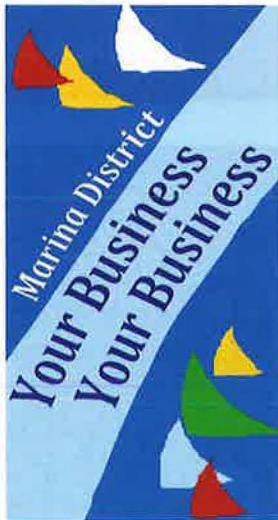
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From the Council

New Street Banners in 2016!

Next year we will install new street banners on Marine View Drive and 7th Avenue. We are changing the banner design to incorporate the bright blue theme established on 216th and the banners will be an extra foot larger! The new banners will create identity for the Marina District as residents and tourists pass through the City and promote our local businesses. The banners are fade resistant and made from a heavy 22 ounce vinyl. Each banner is \$200 for 1 year with an annual renewal fee of \$125. If you have a business in Des Moines and would like to participate, phone 206-870-6547 or email jbest@desmoineswa.gov



FOR THE PAST SEVERAL MONTHS, the City Council has been working to address our long-term financial issues through the 2016 budget process. In conjunction with our economic development efforts, which is the key to making the City financially sustainable in the long-run, we are working diligently to address our long-run budget issues.

None of this has been easy. We have had an overflowing crowd of residents come down to tell us they don't want cuts to services ... most notably Parks, Recreation & Senior Services. We've had large crowds make compelling cases and outlining our need for additional police officers. And we've had a few overflowing crowds come tell us not to raise their taxes.

The number of residents weighing in on the budget for 2016 has been impressive, and the input greatly appreciated. It's in the context of that feedback that we've tried to figure out what will work to ensure we keep Des Moines an incredible place to live, and yet meet our obligations for financial sustainability. The last Washington State Auditor's report (for 2013) essentially

demanding that we get this done now, to ensure our sustainability.

We have been working to overcome years of impacts on the revenues our City receives, and to contain costs as best we can.

In 1999 the voters passed Initiative 695 which eliminated the funding source of our Sales Tax Equalization funds. That was 15% of the City's total revenue. Then in 2001 the voters approved Initiative 747 which capped property tax collections to 101% of the prior year's collections, except for new construction. So when we

were collecting \$2.5 million in property taxes, we received an additional \$25,000 the following year. That didn't pay for the increase in utilities to the City, let alone employee cost increases in health care and COLAs and other operating expenses. Then the real estate market collapsed, assessed values dropped and the City lost \$3 million PER YEAR in total tax revenues (about 17% of operating expenditures.) And then the Washington State Legislature took away sales tax, excise tax and profits on the sale of liquor (which cities had been receiving for over 80 years) of approximately \$400,000 (2% of operating revenues.)

Every time we lost these revenues, the City Council stepped up to make cuts to address them. Since 1999, the City has cut employment by 30% and adopted a number of cost saving measures. There is a structural deficit of about \$1.7 million as a result of using one-time money from various construction projects and deferral of putting money into reserves (to replace vehicles, computers, etc.), rather than asking for more tax money from the public. But the economic downturn pushed the anticipation of future revenues from development out by 8 to 10 years.

We've been in the process of changing our permitting processes and regulations to actually encourage businesses to locate in Des Moines, rather than the hostile environment that many developers and business people used to deal with here. We need to build an economic base that will support the services our residents say they want, rather than having them carry the burden. Those changes are beginning to happen, with the Sheraton Four Point Hotel, the Des Moines Creek Business Park, Wesley Homes renovation, the sale of Landmark on the Sound (old Masonic retirement home) and a number of smaller developments in our Marina District/downtown. Things are beginning to happen that will put us on the right path to sustainability.

However, in the end and by the time this will have gone to print, it will have taken a combination of cuts and some tax increases to get us balanced going forward.

As I said, none of this is easy and none of it happened overnight, but you can be sure that we've taken your input into consideration. This won't be the last we have to address this issue, but we can see the horizon and it is bright.

Thank you again for weighing in and please, stay involved.

*Dave Kaplan
Mayor & Councilmember
City of Des Moines, WA*

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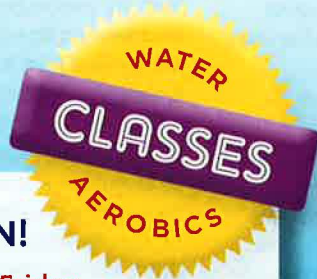
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Transportation Gateway Project

S 216th Street Construction – Spring 2015 (Between 24th Avenue S to Pacific Highway S)



RECONSTRUCTION OF SOUTH 216TH STREET BETWEEN 24TH AVE S TO

Pacific Highway S is scheduled to begin in March 2016. This work will be similar in character to construction recently completed on S 216th Street between 24th Avenue S and 20th Avenue S, matching a widened four (4) lane roadway with a center left turn lane, bicycle lanes, and underground LED pedestrian and vehicular lighting. This segment will have wider 8' sidewalks and maritime oriented streetscape with sail features that clearly delineate this corridor as the Transportation Gateway to the City of Des Moines. A U-turn pocket will be constructed at Pacific Highway South that will provide safer access to the retail shopping center (Safeway).

Construction is scheduled to be substantially complete in 2016. In advance of this work, Puget Sound Energy will relocate the high voltage overhead transmission lines and modify gas lines to accommodate the project. This construction will provide needed capacity to support the growth of businesses in the north central neighborhood including the Des Moines Creek Business Park that is currently under construction.

The City plans to open bids on the project in January 2016 and award a contract shortly thereafter. It is likely that the contractor will mobilize by March and begin construction. This is a very busy travel corridor and citizens should be cautious and patient as there will be travel delay due to construction activity.

Funding: The City funded design of the project with a loan from the Washington State Public Works Trust Fund. Local funds also matched FHWA federal funds for right of way acquisition that is now complete. Construction is estimated to cost approximately \$4.6 million and is funded, in part, with up to \$2.8 million from the Washington State Transportation Improvement Board and approximately \$0.9 million from the Washington State Freight Mobility Strategic Investment Board.

This corridor will become increasingly important for freight movement as it links 24th Avenue S and the 28th/24th Avenue S corridor connection that is scheduled to be simultaneously constructed in 2016-2017. Further information is available on the City's web page: www.desmoineswa.gov (search: transportation gateway project)



Looking East: Existing S 216th Street near 24th Ave S. To be widened into 4 lanes plus LT lane



Looking West: S 216th Street near Pacific Highway - future widening into 4 lanes, a LT lane and U turn pocket. Serves shopping center (right-in/right-out)



Completed S. 216th Street- East of 24th Ave S.: Similar Design Theme... 4 thru lanes plus left turn lane will match future

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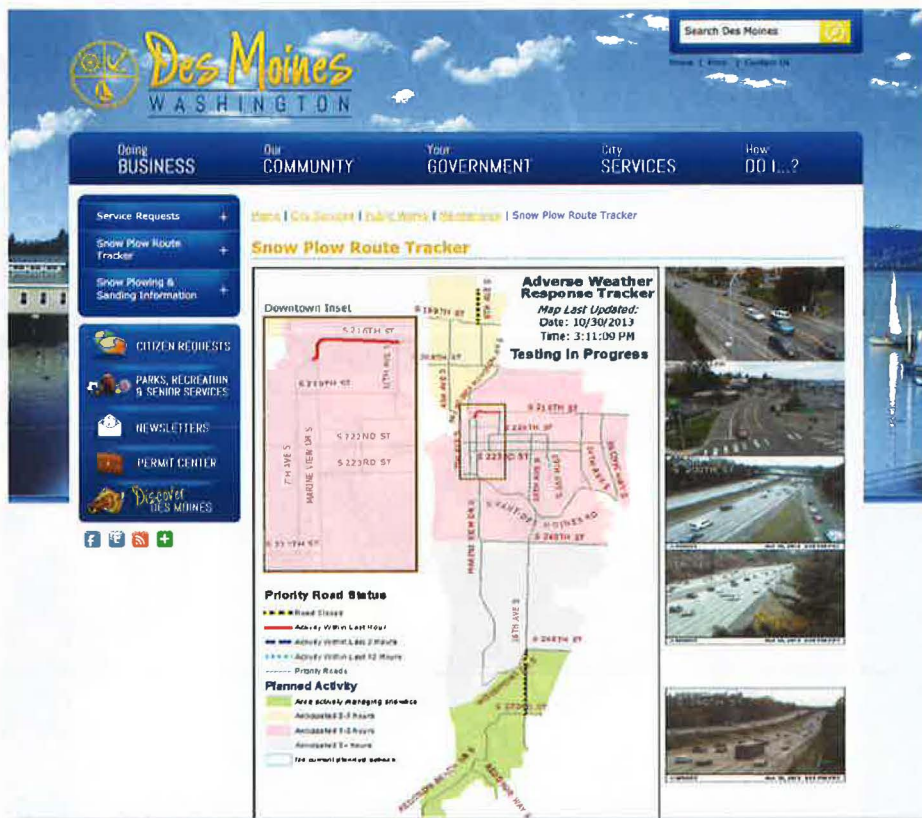
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It's Getting to Be That Time of Year

Winter is upon us! With that, the City of Des Moines is preparing for adverse weather. In addition to plow trucks, sanders and de-icing equipment, the City has prepared the Snow Tracker. The Snow Tracker is a program designed to keep record of the City's response to snow and ice and provide the public with vital roadway condition information. Here is what the City's new system can do for you:

- The Snow Tracker is designed to quickly share vital adverse weather information with the public.
- The Snow Tracker provides a map update to the City website every five minutes
- The map can be found here: <http://desmoineswa.gov/index.aspx?nid=205>

As the temperature drops and Mother Nature starts thinking of ways to snarl our traffic, take solace in the fact that the City of Des Moines is doing everything it can to keep the roadways open and safe.



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From the Chief



WITH BUDGET CHALLENGES AND OTHER COMMUNITY CONCERNS

occupying the majority of the local news these days; I'd like to take some time to assure you, our community, that your Police Department is committed to doing all we can to ensure your safety. My primary concern has been the mental and physical wellness of our officers. The staffing challenges we face on a daily basis take their toll on both our sworn and civilian staff. My commitment to you is strengthened by the staff's tireless commitment to the community and each other.

We were recently visited by an organization called Safe Call Now (www.safecallnow.org). Safe Call Now is a confidential, comprehensive, 24-hour crisis referral service for public safety employees and their families nationwide. They provide education, healthy alternatives and a number of other resources to help put lives back together. Whether it is alcoholism, drug abuse, or other mental challenges that may plague personnel. Safe Call Now provides resources that are vital. Ensuring that our personnel are

healthy also ensures that you, the community, are receiving the best service possible. Bringing in Safe Call Now was a proactive measure to make sure all of our staff are aware of the resources available to them through our private health insurance.

Our patrols officers work 12-hour shifts and due to shortages, often end up working a significant amount of overtime. With only a day and night shift to protect our City, making sure our officers are well equipped both physically & mentally to protect and serve is vital. Our Investigative Division is made up of 4 Detectives, 1 Sergeant, and an Evidence Technician. Our Investigative Division is currently carrying a caseload of approximately 160 open cases. When they respond to an active investigation, their caseloads are put on hold until they can address the immediate need. Our civilian staff also faces many of the same stressors related to staffing challenges in a high risk environment. It's not difficult to see how stress can creep into a police department. The Des Moines Police Department is eternally grateful for the work Mr. Sean Riley and the Safe Call Now Team are doing to keep our first responders healthy and productive.

On another note, the Holidays are here and as citizens we are all busier than ever with shopping, baking, traveling, etc. Remember that there is a small segment of society waiting for the opportunity to

Ensuring that our personnel are healthy also ensures that you, the community, are receiving the best service possible.

victimize those of us that are out enjoying the season with friends and family. Please take the time to ensure your homes are locked up, that your valuables are secured and that you're communicating with your neighbors about safety issues. Block watch captains and active block watch members; I can't thank you enough for your commitment to safety in your neighborhoods and the City in general. Officer Seaberry is tasked with managing City Block Watch groups and Officer Batterman handles our City Business Watch Groups. Together they're a dynamic safety duo. Any questions or concerns about crime prevention can be brought to their attention or mine. Please feel free to contact me with ideas, questions, comments or suggestions. You can connect with us via Facebook and/or Twitter. Social media is just one of the tools we're using to enhance communication. Stay safe!

*Committed to progress,
Chief George Delgado
gdelgado@desmoineswa.gov*

Burglary, Hold up and Panic Alarms Must be Registered with the Police Department

Des Moines Municipal Code 9.10 requires all residential and business burglary, hold up and panic alarms be registered with the Des Moines Police Department. In addition, any alarm system, whether monitored or not, that sends an audible or visual signal must also be registered. Your alarm company does not do this for you! Registration forms and information may be obtained on the City of Des Moines website at www.desmoineswa.gov by clicking on the "Forms & Documents" section, by calling the Des Moines Police Department Alarm Administrator at 206-870-7617 or by coming into the Police Department, which is open 24 hours a day for your convenience.

Every year you are required to submit a new registration application form to ensure the Police Department has current contact information, in case of an emergency. In

addition to the new registration form, there is also an annual \$25 registration fee due. Currently, the penalty for failing to register your alarm is \$200 per year and there is a \$200 fine for each alarm at an unregistered alarm site.

The false alarm reduction ordinance has been highly successful, as demonstrated by the reduction in false alarm responses by almost 60% consistently, since the program's inception in 2005. This decrease in false alarm responses represents a significant cost savings to the Des Moines Police Department and the Des Moines community and allows Officers to focus their efforts in other areas.

For additional information, please contact the Alarm Administrator at the Des Moines Police Department 206-870-7617 or email kbatterman@desmoineswa.gov.



Ready to choose the right dog for you?

BRINGING A NEW DOG INTO YOUR LIFE IS A MAJOR DECISION. First, make sure you are ready for a dog before you start the process- it is essential that you understand the cost of dog ownership and examine your current lifestyle and consider what adjustments you are willing to make

for a dog. Look at the needs of your family, especially if you have children or other pets. Remember that getting a dog requires a firm commitment to responsible dog ownership for the lifetime of the dog.

Here are some additional tips to help you choose the best dog for you and your family:

SIZE: You may already know you want a little lap dog that you can carry around. Or, you might have your heart set on a large or giant dog breed. If you cannot decide, then perhaps a medium sized dog is a good choice. Think about your home environment, care and travel needs, in regard to your dog's ideal size.

ACTIVITY LEVEL: You probably already know that some dogs have more energy than others. A dog's activity level is often determined by breed, but it does not mean you can rely on breed alone to determine how energetic your dog could become. Every dog needs routine exercise, regardless of breed or size, so

make sure you can provide this. Be willing to adjust the amount of exercise and attention you give your dog if necessary, as many behavior problems are the result of excess energy and/or lack of attention.

GROOMING: Your dog's appearance has a lot to do with his grooming needs. All dogs need basic grooming (toenail clipping, ear and teeth cleaning, bathing and brushing), but certain types need even more care. If you get a dog with long hair that keeps growing, then advanced routine grooming is essential and even some short haired dogs are big shedders, so be ready with the broom and dustpan!

AGE: Puppies require the greatest amount of training and attention, especially during the first six months. Be prepared to dedicate much of your time to housetraining, socializing and training your new puppy (patience is a must!). Adult dogs can be an excellent choice if you want a good idea of the true energy level, personality and temperament of your new dog. Also, many adult dogs have been trained and socialized to some degree, which is helpful; however, you should still take them to obedience training class, as it helps with the

bonding process and for you to understand what your new dog already knows. Senior dogs should not be forgotten! Welcoming a senior dog into your home can be a wonderful way to bring joy to the golden years of a dog and they can make a wonderful companion if you are looking for a lower energy dog. Remember that your senior dog will need more frequent veterinary check-ups to help keep them healthy and because they are older, you may not have as many years with them.

BREED/TYPE: Purebred dogs are undeniably popular and many people are attracted to a specific breed for various reasons. If you want a purebred dog, be sure you thoroughly research the breed and determine if you are willing to take on potential challenges with temperament, grooming needs and health problems and make sure the breed will fit in with your family and lifestyle. Then, be sure to look for a reputable, responsible dog breeder or contact a purebred dog rescue in your area.

Mixed breed dogs can be wonderful additions to your world! The combination of two or more dog breeds can sometimes balance out their personalities and physical characteristics. Just be sure to expect the unexpected, especially if you adopt a "pound puppy", as there is no way of knowing exactly how your puppy will look when grown up and you cannot reliably predict health problems.

Just remember that whatever dog you choose, it is a big responsibility and a lifetime commitment! Dogs are wonderful, loving companions and family members and it is up to us to take proper care of them and provide them with all they need to live a happy, healthy, long life!



REDONDO BOARDWALK REPAIR

The City has made substantial progress towards replacing the damaged Redondo Boardwalk facility from the November 2014 storm event. Over \$4,000,000 in grant funding has been secured to replace the timber facility with one entirely made from concrete. A stainless steel cable railing with a composite top hand rail will complement the stained wood board finish of the concrete deck. The design is 100% complete and it is anticipated that the project will be advertised in December of 2015 pending approval of a few outstanding permits. Construction will then proceed thru the spring with the boardwalk opening in the summer of 2016. For more information please visit the City's website, under "City News," or contact the City's project manager Andrew Merges at amerges@desmoineswa.gov or 206-870-6568.



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The Rotary Club
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Des Moines Beach Park

Friday, March 4th
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For sponsorship information
contact Maddie DuBray at
206.735.1112 or
maddie@philipspublishing.com

**BECOME A
SPONSOR**

and help Rotary of Des
Moines and Normandy
Park make a difference
in the community



The Rotary Club of Des Moines and Normandy Park donates 100% of the net proceeds from these events and its other fundraisers back into the community.



"Yakutat"
Gretchen Daiber



2016-18 Art On Poverty Bay Calling All Sculpture Artists

The Des Moines Arts Commission invites sculpture artists to participate in a Sculpture Gallery to be exhibited along our main streets, our fabulous Marina and our Beach Park and Redondo for two years from May 2016 to May 2018. NO ENTRY FEE

DEADLINE FOR ENTRIES – January 15, 2016
www.desmoinesartscommission.com

Art on Poverty Bay invites professional and emerging sculptors and artists to submit their outdoor art pieces to be displayed for sale (or not) in the City of Des Moines for two years. This rotating exhibit may include up to 9 pieces of art to be sited on 216th St., Marine View Drive S., at the Marina and Redondo Beach or in our Parks.

CRITERIA FOR ART AND INSTALLATION

The work must be made of the highest quality materials that hold up in a variety of outdoor conditions, demonstrate structural soundness, safety and stability for an unsupervised general audience, be guaranteed against defects and deterioration and fit into a downtown, marina or park setting. Each piece must be of sufficient size to be easily visible to passersby, on foot or in vehicles.

BENEFITS FOR ARTISTS

The Art on Poverty Bay sculpture gallery provides wide exposure of the artists' works. Full color brochures including map of sites, photos of sculptures and brief information regarding sculptures, artists and how to purchase sculptures are widely distributed.

Complete submission information and application are available online at www.desmoinesartscommission.com

Des Moines Arts Commission Position Available

The City of Des Moines Arts Commission (DMAC) has one or more openings available with a beginning date of January 1, 2016. Commission members are appointed by the Mayor and serve for a 3 year term. This position is open until filled. Applications are available online at www.desmoineswa.gov.

Mail applications to:

City Clerk, City of Des Moines
21630 11th Ave. South, Suite A
Des Moines, WA 98198



Participation on the Commission includes attendance at monthly meetings. As a Commissioner you will also be encouraged to assist with Arts Commission project planning, marketing, fundraising and attending its activities. 2016 Arts Commission events include:

- Beach Park Summer Concerts
- Shakespeare in the Park
- Squid- a- Rama
- Art on Poverty Bay – Outdoor Sculpture Gallery
- Poverty Bay Arts Gala

For more information about the Des Moines Arts Commission please go to www.desmoinesartscommission.com. If you would like to volunteer at an upcoming Arts Commission event, contact Shannon Kirchberg at skirchberg@desmoineswa.gov.

Thank You!

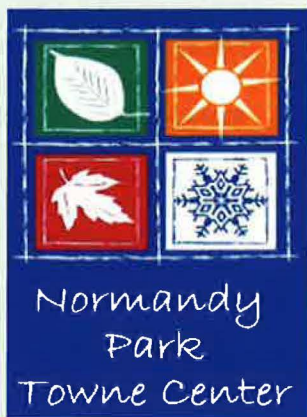
The Des Moines Arts Commission, 4 Culture, Des Moines Legacy Foundation, Destination Des Moines and The City of Des Moines Parks, Recreation and Senior Services extend our sincere gratitude to YOU for attending the Beach Park Summer Concerts and Shakespeare in the Park. Your generous donations helped to make these summer events possible. A special treat this year was the addition of the Wednesday Sunset Farmers Market. With the community's help, Wednesdays in Des Moines were filled with action, people, art, music, fresh fruits and vegetables and food trucks. And yes, even the dogs enjoyed the added walks! You can also donate to the Des Moines Arts Commission online at: www.desmoineslegacy.org For more information on the City's arts events, to provide input and/or to volunteer for an upcoming event, contact the Des Moines Arts Commission at www.desmoinesartscommission.com. We appreciated your attendance and value your support for all Des Moines Arts commission events and we especially, invite you back in 2016 for the Beach Park Summer Concerts on Des Moines' beautiful waterfront!



Locally Owned • Competitive Pricing • Community Driven

19805 1st Ave S, Suite 100, Normandy Park, WA 98148

(206) 651-7794 • **7am-10pm 7 days**



www.normandyparkmarket.com
facebook.com/normandyparkmarket

Give Lifts to Lift Spirits!

Hyde Shuttles provide many Des Moines/ Normandy Park seniors and residents with disabilities a safe and reliable transportation for needed socialization, errands, appointments and recreational activities. Clients of the program often describe the service as a "lifeline" in maintaining their independence and supporting their overall well-being.

You have the opportunity to be a part of this life-sustaining and enriching program! Caring and reliable volunteers are needed to drive agency vans in Des Moines/ Normandy Park on weekdays. The program currently has several open shifts for volunteer drivers, particularly on Tuesdays and Thursdays.

We offer free training and you do not need a special driver's license. If you have the "drive" to help others and a clean driving record, this is the volunteer opportunity for you! Contact Hilary at hilaryc@seniorservices.org or (206)748-7588. Read more about the program at: www.seniorservices.org/transportation. Help vulnerable members of our community get "on the road" to fuller, healthier lives!



Need a lift?



The Shuttle operates Monday through Friday, 9am-4pm. Eligible riders are those adults 55 and older or adult with disabilities who live in Des Moines or Normandy Park. There is no charge, donations are welcome. The Shuttle travels through Burién, Normandy Park and Des Moines. The Shuttle does not travel east of I-5. There are also HYDE shuttle services for those living in SeaTac, Burién and Tukwila. Call 206-727-6262 to schedule your ride. It is recommended to call at least 3 days in advance and to know the address of your destination.



Bench Donation Program

The City installs and maintains many park benches throughout the City. The Bench Donation program allows citizens and businesses to dedicate a bench to a family or friend for a ten year time frame. If you are interested in purchasing a bench to honor someone you know, please phone 206-870-6547 for more information or email jbbest@desmoineswa.gov

Community Supports Seniors and Youth at 16th Annual Bayside Brunch



Bayside Brunch, the biggest fundraiser the Des Moines Legacy Foundation hosts for senior and youth programs, was a SATURDAY NIGHT LIVE HALLOWEEN SPECIAL with costumes galore and plenty of action with great Not Ready for Prime Time raffles, Roseann Roseanna Danna's restaurants and Steve Martin Mystery Bags! All past Make A Difference paddle raises were topped this year with a whopping \$15,525 raised for recreation scholarships for low income youth. Senior programs and services benefited with approximately \$12,000 raised.

As always, Anthony's HomePort, our major sponsor and partner, provided their outstanding executive chef brunch, complimentary champagne, volunteer wait staff and equipment/materials support.

We thank the following "That's the Ticket!" 2015 Bayside Brunch sponsors:

WEEKEND UPDATE SPONSOR - \$2,000
Budd Gould & Anthony's Restaurants

NOT READY FOR PRIME TIME SPONSOR - \$1,500
Snure Law Office, PSC

CELEBRITY HOST SPONSOR - \$1,000
Marks and Marks, C.P.A's

MUSICAL GUEST SPONSORS - \$500
Edward Jones-Doug Myers
Normandy Park Senior Living
Panattoni Development
Stafford Healthcare- Des Moines
Wesley Homes- Des Moines, LLC

MONOLOGUE SPONSORS - \$250
Comfort Keepers
Margaret Leaf
PAC Stainless, Ltd
Sharpline Financial
State Farm Insurance-Char Schulz
Sue Padden & Noel Morgan

Housing Repair Assistance Program



The City of Des Moines is once again providing minor home repair services to City resident homeowners who have "extremely low" to "low" incomes based on the U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes.

SERVICES PROVIDED INCLUDE:

- Electrical – faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids – installation of grab bars, handrails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces
- Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms & locksets
- Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months and have proof of homeowner's insurance
2. Complete the application process

HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at 21630 11th Ave. S. Ste. D, Des Moines WA 98198
3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.



MORE EVENTS on pages 5-6 in Rec n' Roll

Des Moines Walking Fun!

Join us on the 3rd Sunday of each month for a fun & leisurely walk around Des Moines. Dates are 01/17, 02/21, 03/20, and 04/17. We will meet at 11:00 am at the base of the Des Moines Marina fishing pier. Walks will vary in length and difficulty, but won't be more than 4 miles. Some months we may drive to a different starting location in order to experience different areas of the city. Walk at your own pace, meet new friends, get some exercise, and see parts of scenic Des Moines you may not be familiar with. Rain or shine, dogs are welcome. Walks will be led by Gary Mc Nell, experienced volksmarmer and Des Moines Legacy Foundation Board Member. Call Des Moines Parks, Recreation and Senior Services at 206-870-6527 or go to www.desmoineslegacy.org for more information.



EARTH FRIENDLY GIFTS FOR EVERYONE ON YOUR LIST!

~FEATURING~

- ▶ Locally made goods
- ▶ Compostable party supplies
- ▶ Drop-off hard-to-recycle items

(see website for accepted items)



shop for a waste zero world.

Highline :: Five Corners Shopping Center
15858 1st Avenue S, #A100 :: Burien
206.246.5669

Mon-Sat 10am to 6pm Sun 11am to 5pm
[facebook.com/RecologyStoreHighline](https://www.facebook.com/RecologyStoreHighline)

Redeem this ad for 20% off one item, excluding bikes.

MOUNT RAINIER POOL



Pacific and Pool team up to promote success through swimming

Pacific Middle School



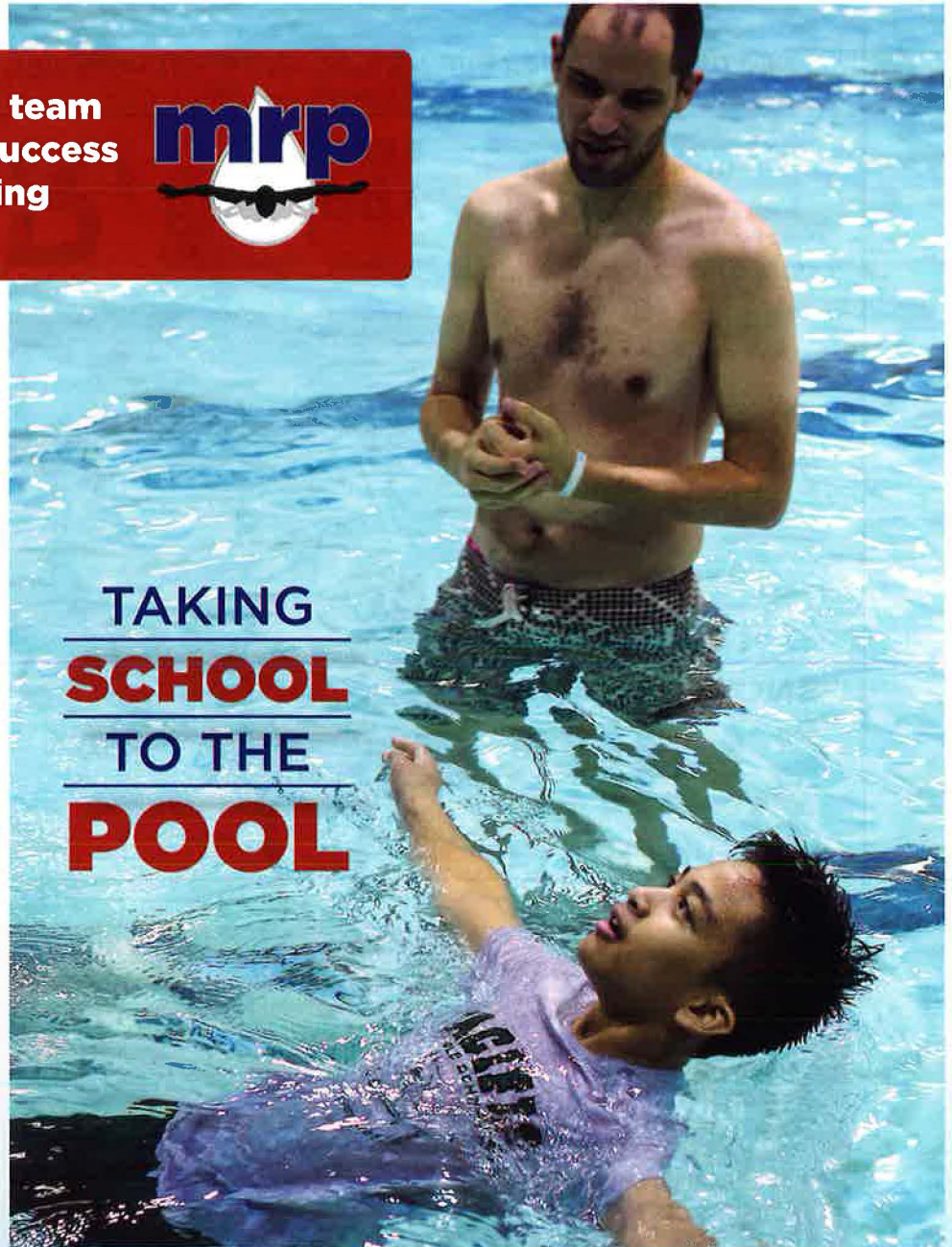
Kids need every opportunity to succeed and in order to make a splash in today's highly competitive world there's a proven advantage to knowing how to swim.

So when Principal Diana Garcia and the faculty at Pacific Middle School learned that more than half of their students are deficient in their swimming skills, they seized on the opportunity presented with having Mount Rainier Pool right next door.

They realize that beyond reducing the risk of drowning — the second leading cause of accidental death among children:

- ◆ Swimming has been scientifically linked to **better academic performance**
- ◆ Swimming opens the path to a wide array of **academic and job opportunities**
 - ◆ Swimming **builds whole body strength** and is a great way to combat obesity
- ◆ Swimming provides the **benefit of playing sports** — team and individual
- ◆ Swimming **is timeless** — something kids can do for the rest of their lives

Hundreds of Pacific students were tested for their swimming skills and many are now in after-school classes specifically designed for them to improve their prospects to make a splash as adults.



Finding the instructors to teach 4,000 kids to swim presents a unique opportunity. So why not teach kids to teach kids?

So we launched **AquaGuards**, our junior lifeguard program to prepare kids for their first real jobs and give them a giant boost towards their higher education and career aspirations.

Skills they learn — CPR, lifesaving and public service — can land a them a great job while pursuing their college degrees.

For more information about swim lessons or AquaGuards, contact Mount Rainier Pool at 206.824.4722



EXTENDED OUTINGS - SAVE THE DATE!

Hosted by the Washington State Association of Senior Centers, flyers with full details are available at Des Moines Activity Center. Call 206-878-1642 for more details, the trip brochure, or instructions on how to sign up.

Mariners Spring Training-Mar 15-22, 2016

\$1,589/ppdo \$2,219/single \$1,449/triple \$1,379/quad
Hosted by Catalyst Travel

Exclusive Escorted Spring Training Experience Includes:

- Roundtrip air from Seattle to Phoenix
- 7 nights at the Windmill Inn in Sun City West AZ
- Buffet breakfast provided each morning
- 5 game tickets with great seats
- Transportation between airport, hotel, games and group events
- Souvenir baseball cap & Catalyst 10 Man Fan shirt
- Party at the pool
- Travel Trip and cancellation insurance

Spain's Classics – Mar 5-15, 2016

\$3,599/ppdo \$4,099/single \$3,569/triple
Hosted by Collette Vacations

Highlights: Madrid, Seville, Granada, Valencia & Barcelona
11 days, 19 meals, includes airfare

Albuquerque International Balloon Festival- Sept 29- Oct 4, 2016

\$2,499/ppdo \$3,099/single
Hosted by Collette Vacations

Highlights: Santa Fe, Santa Fe School of Cooking, Turquoise Train, Balloon Fiesta, Old Town Albuquerque, Indian Pueblo Cultural Center and National Museum of Nuclear Science & History. 6-days, 8 meals, includes airfare from Seattle.

Tropical Costa Rica- November 5-13, 2016

\$2,599/ppdo \$3,040/single \$2,569/triple
Hosted by Collette Vacations

Highlights: San Jose, Monteverde, Arenal Volcano, Lake Arenal Cruise, Cano Negro Refuge, Zarcero & National Theatre
9 days, 14 meals, includes airfare

REGISTRATION INFORMATION

PARKS AND RECREATION ADMINISTRATIVE OFFICE

1000 South 220th Street
Des Moines WA 98198
206-870-6527
TDD Line: 206-824-6024
Fax: 206-870-6587
recreation@desmoineswa.gov
www.recreation@desmoineswa.gov
Hours: Monday – Friday, 8am-6pm

DES MOINES ACTIVITY CENTER OFFICE SENIOR SERVICES

2045 S 216th Street
Des Moines WA 98198
PO Box 98576
206-878-1642
Fax 206-878-2260
seniors@desmoineswa.gov
www.seniors@desmoineswa.gov
Hours: Monday – Friday, 9am-4pm

Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

HOW TO REGISTER:

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at www.desmoineswa.gov/recreation/forms

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$10 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. The administrative fee will be waived if you opt for a credit to be used for another course/program. Credits must be used by the close of each calendar year.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

Disclaimer:

Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. For programs held in Federal Way schools, listen for the Federal Way School District report.

School Closed: All Des Moines Recreation & Senior Services Department programs are cancelled.

School Open/1-hour Late Arrival: Recreation programs will operate as scheduled. Senior programs prior to 10am are cancelled. Senior programs held after 10am – call 206-878-1642 for updated information.

School Open/2-hour Late Arrival: All recreation and senior programs held prior to 11am are cancelled. Recreation programs held after 11am will be scheduled as usual. Senior programs held after 11am – call 206-878-6527 for updated information. When inclement weather occurs during school holidays, evenings or weekends, call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.

HOLIDAY CLOSURES

Fri, Jan 1; Mon, Jan 18; Mon, Feb 15; Mon, May 30

Meditation and Relaxation

Start your day with light stretches followed by breathing exercises to improve mental clarity. Learn relaxation and meditation to release stress, anger and resentment. As one participant commented, "my blood pressure has not been this low in years!" Dress: comfortable, loose clothing according to your need and the weather. Instructor: Sharda Vekaria

Adults			\$1 drop in
Mon	Jan 11-Mar 28	8:45-9:45am	Activity Center
Mon	Apr 4- May 19	8:45-9:45am	Activity Center

Senior Dance

Dancing stimulates your mind, body and soul! Stafford Healthcare provides hot beverages and you bring your dancing shoes!

Adults of all ages welcome!			\$5
Sun	Feb 28	1-3pm	Activity Center
Sun	Mar 27	1-3pm	Activity Center
Sun	Apr 24	1-3pm	Activity Center
Sun	May 22	1-3pm	Activity Center

Get Up (Off the Floor) Workshop

HELP! I've fallen and I can't get up! We will explore falling risks and the hazards to avoid to keep you vertical. This class will assist you in maintaining your confidence and independence as it relates to fall prevention. We will also take you through the necessary exercises to get up off the floor and explore various methods for getting up. By the end of the classes, you will understand what exercises you can do at home to help your strength to get up easier. Instructor: Kenneth Ray, Judson Park Retirement Community.

Adults 50+			\$5
Tue	Jan 19-Feb 9	2 - 3pm	Activity Center



Dance for Parkinson's Do you have a movement disorder?

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears, and touch to control movement

"They made me laugh out loud, which is harder to do these days."

- Participant

in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience is necessary. Classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company. Funding support from Des Moines Legacy Foundation. Register at www.nwpcf.org/ or call 1-877-980-7500. No class February 15.

Adults			\$5 Suggested Donation
Mon	Feb 1 - Mar 28	2-3:30pm	Activity Center



Many of the Senior Center Activities and classes are held at several locations. Check the location for your class or program or call the Activity Center at 206-878-1642.

ADULT ENRICHMENT

Blueprint for Living Workshops

How to Stay Connected Through Better Hearing

Audiologist Eileen Freed will be joining us for an overview of how hearing works, treatments for hearing problems and a discussion of the latest technology. She will be available before and after the program to provide complimentary hearing screenings or hearing aid cleaning as time allows, and by pre-scheduled appointments only- please call 206-878-1642 prior to the workshop for your appointment.

Age 50+ **Free**
 Tue Mar 8 10:30am Activity Center

Creating an Effective Care Plan

Choose to be proactive and design a care management plan for yourself and/or family members before it is needed. Gain peace of mind knowing that reference materials and resources are gathered in one place for your emergency contacts to access and implement on your behalf, addressing the critical and important information needed in medical emergencies. Instructor: Sheila Goodfellow, CSA, Comfort Keepers

Age 50+ **Free**
 Tue Apr 26 10:30am Activity Center

AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the bad habits that crept into your driving pattern. Upon completion of the course, your certification will get you a discount on your auto insurance (as required by law.) A lunch break provides an opportunity to take advantage of the Nutrition Lunch program. Call 206-878-1642 for details!



Age 50+ **\$2 donation to DMAC**
\$15 AARP member/\$20 non member
 Feb 16 & 17 10am-2:30pm Activity Center
 Apr 19 & 20 10am-2:30pm Activity Center

Transit Training

Learn the ins and outs of public transit; how to ride, time management, bus stop information, paying for public transit options, ORCA cards and how to use them and transit safely. Participants are eligible to go on the instructional transit field trip to a special destination paid for my METRO.

Tue Feb 23 10-11:30am Activity Center **FREE**

Public Transit Field Trip

ONLY for participants who attended the Transit Training on February 23rd. Take an escorted trip on public transit and practice what you learned in the class.

Trip date:

Tue Mar 1 9:30am Meet at the Activity Center

ADULT & SENIOR FITNESS



Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Group Health and Senior Services. Instructor: Yu San Gartz

Adults 21 and up

T/Th/F	Jan 5-29	8-9am or 9:30-10:30am	Field House	\$37
T/Th/F	Feb 2-26	8-9am or 9:30-10:30am	Field House	\$37
T/Th/F	Mar 1-31	8-9am or 9:30-10:30am	Field House	\$43
T/Th/F	Apr 1-29	8-9am or 9:30-10:30am	Field House	\$40
T/Th/F	May 3-31	8-9am or 9:30-10:30am	Field House	\$40

Energy Yoga

With Vinyasa flow sequences, Energy Yoga releases tension to elevate energy levels, addresses lower back issues, opens hip joints, and increases balance. Breath and dynamic meditations enhance mind-body integration. Bring a yoga mat and water bottle. Instructor: Rhonda Allison.

Adults **\$39**

Mon	Jan 11-Feb 29	1-2pm	Normandy Park Comm Ctr
Mon	Mar 7 - Apr 11	1-2pm	Normandy Park Comm Ctr
Mon	Apr 18 - May 23	1-2pm	Normandy Park Comm Ctr

Zumba

Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits.

Adults **\$35R \$40NR 5-class punch card or \$10/drop-in**

Mon	Feb 1 and ongoing	6-7pm	Field House
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ADULT COLORING BOOK CLUB *New!*

Remember the fun and pleasure of coloring in your favorite coloring book? Coloring is BACK in a BIG way and we are hosting an Adult Coloring Book Club as part of our Artists R Us program. Bring your coloring book and colored pencils/crayons, or a coloring page & colors will be provided for you. Research shows that coloring eases stress, provides a chance to unplug, and relaxes you.

Adults **\$1 donation**
 Wed Jan 13-ongoing 9:00-11:30am Activity Center

Winter Into Spring Poetry

Tis the season for wintery observations, joyful memories. Try your hand at creating poetry that captures the essence of this season. Instructor: Pat Doheny

Adults
 Thu Jan 21 & 28 10am-12pm Wesley Gardens \$13

Creative Writing

Interested in capturing your family's history? Do you have a story to tell? Take advantage of Pat's writing expertise and get started. Instructor: Pat Doheny

Adults
 Thu Feb 4-Mar 24 10am-12pm Wesley Gardens \$47
 Thu Apr 14-May 19 10am-12pm Wesley Gardens \$37

Memoir Writing

Learn to write the story of your life. Join others as you share your life experiences in a supportive environment. Capture the story of how you came to be who you are and where you are today. Instructor: Pat Doheny

Adults
 Thu Feb 4-Mar 24 2-4pm Wesley Gardens \$47
 Thu Apr 14-May 19 2-4pm Wesley Gardens \$37

Mobile Computer Classroom

King County Library System's mobile computer classroom returns to Des Moines Activity Center with a variety of workshops. Register now, space is limited.

Age 50+ FREE

PC Basics

Up your skills and understanding so you and the mouse can arrange windows, browse the Internet, library catalog, select items and text with ease and proficiency.

Tue Feb 9 10-11:15am Activity Center

Social Media

Today's technology Facebook, Skype and FaceTime reflect the best of Dick Tracy's wristwatch and Don Smart's shoe/phone. Discover how you can keep up to speed with grandchildren and other relatives or friends that live too far away for visiting.

Tue Mar 15 10-11:15am Activity Center

Email

Learn basic email vocabulary, create a free account and start the process of composing and sending messages.

Mon Apr 18 10-11:15am Activity Center

DES MOINES LIBRARY EBOOK CLASSES

Come discover how to access thousands of FREE eBooks and learn about our many ebook services. Bringing your own device is encouraged, along with your library card.

Adults Free

eBook & Public Catalog Demonstration

Wed Jan 6 10-11:15am Activity Center

eBook & Find Your Next Great Book Demonstration

Wed Feb 3 10-11:15am Activity Center

eBook & Consumer Resources Demonstration

Wed Mar 2 10-11:15am Activity Center

eBook & Find Your Next Great Book Demonstration

Wed Apr 6 10-11:15am Activity Center



SAVE THE DATES

LEGACY NIGHTS

Fri May 13 - Kid Themed Night

Sat May 14 - Adult Night

www.DMLegacy.org
 206-870-6527



ADULT ENRICHMENT

American Boating Course

Learn the essential information to operate a boat: Boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a boating education certificate. Bring a sack-lunch. Fee includes textbook interactive CD and all materials-students are responsible for picking up supplies. Instructors: Poverty Bay Power Squadron.

Ages: 12-Adult	\$38
Feb 20 8am-4pm	Public Works & Parks Service Ctr
Mar 12 8am-4pm	Public Works & Parks Service Ctr
Apr 16 8am-4pm	Public Works & Parks Service Ctr
Jun 4 8am-4pm	Public Works & Parks Service Ctr

Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer.



Dogs 4+ months	\$93R \$100NR
Thu Jan 7-Feb 11	7:15-8:15pm Field House
Thu Feb 18-Mar 24	7:15-8:15pm Field House
Thu Mar 31-May 5	7:15-8:15pm Field House
Thu May 12-Jun 16	7:15-8:15pm Field House



Block Printing *New!*

Hand print your own designs made with easy to carve Safety-Kut blocks. Class will cover the printing process from designing and carving with linoleum tools, to printing successfully, and embellishing your prints with watercolors. Never buy another Hallmark card again, once you see how fun it is to create your own designs that can be printed on card stock! Instructor will have durable printing supplies for class use such as plexiglass plates, brayers, linoleum tools, and some inks. Students will need to supply paper and blocks to carve. Supply lists at registration or purchase from the instructor for \$17 at the first class. No class 2/15. Instructor: Susan Waite

Adults	\$75
Mon Jan 25- Mar 7	1- 3:30pm Activity Center



Aviation History - Russian World War II "Night Witches"

In 1941 as Nazi Germany invaded the Soviet Union, the Soviets struggled to keep the Axis troops from reaching its capitol, Moscow. The Soviet "Amelia Earhart", Marina Raskova, was tasked to organize a regiment of young female pilots to fight the German invaders, making the Soviet Union the first nation to allow women to fly combat missions. The pilots flew repurposed 1920's biplanes, previously used for crop dusting. Mr. Roger J. Neill, our presenter, will give the fascinating history of these brave young women and why they were known as the "night witches" by the German army. Mr. Neill served in the Canadian Air Force, earning his pilot wings in 1957. He moved his family to Washington state, became a U.S. citizen, and flew for United Air Lines for 27 years. In recognition of his 2,500 volunteer hours as a docent at the Museum of Flight, he received the Barnstormers Award in 2013.

Teens & Adults	\$2 suggested donation
Thu Feb 18	7pm Activity Center

ADULT LEAGUES



SOFTBALL LEAGUES

Adult Men & Coed

Spring ball is approaching soon! Get to first base with your team and signup for a 12-game season topped off with a double elimination post season tournament.

Registration Deadline: Apr 12 **Coach's Meeting: Apr 12**
Adults **\$940R \$995NR**

Coed Recreation Division	Mon evenings	Starts Apr 25
Men's Recreation Division	Tue evenings	Starts Apr 26

Senior Adult Coed Softball

Now recruiting avid softball players for Des Moines' recreational senior coed softball teams! Call 206-870-6527 for details.

Age: 50 +

Player fee: ranges between \$20-\$40 (determined after the sign-up and sponsor deadline.)

Practices	Tue/Thu	Apr
Games	Tue/Thu	May 3- early Aug
Game Times	10am	
Practices/Home Games	Steven J Underwood Memorial Park	
Away League Games	Fields throughout King County	

Need funding assistance to attend programs offered through the Des Moines Activity Center?
 The Des Moines Legacy Foundation provides scholarships for eligible Des Moines and Normandy Park seniors.
 Call 206-878-1642 to learn more.



BASKETBALL LEAGUE *New!*

Adult Men

Adult basketball is here! Sign your team up for an 8-game regular season schedule topped off with a single elimination post season tournament.

Registration Deadline:
Feb 24

Coach's Meeting:
Feb 24

Wed evenings
Starts Mar 9, 2016
\$550R \$605NR



FRIENDSHIP FITNESS FUN(D)

Recreation programs provide opportunities for friendship to bloom, wellness to thrive and community bonds to strengthen all under the concept of Fun! Des Moines Parks & Recreation partners with Des Moines Legacy Foundation and Rotary Club of Des Moines to offer **Friendship Fitness Fun(d) Scholarships** for families in need.



Your contribution provides gifts of joy for scholarship recipients and is a long-term investment in our community's well-being. The success is dependent on your ongoing contributions.



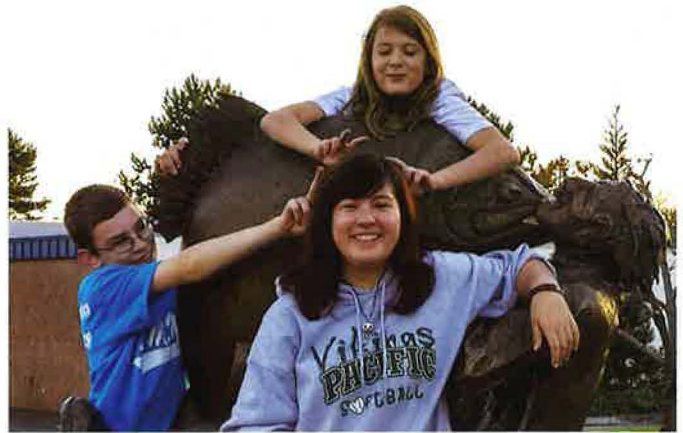
IN NEED OF FINANCIAL ASSISTANCE?

Complete an application call 206-870-6527.

TWO WAYS TO MAKE A TAX DEDUCTIBLE CONTRIBUTION TO THE FRIENDSHIP FITNESS FUN(D):

- Make a \$1 or more contribution each time you enroll in a Parks, Recreation and Senior Services program or schedule a facility or field.
- Contribute to Des Moines Legacy Foundation-Youth Scholarship Fund Des Moines Legacy Foundation: PO Box 13582 Des Moines WA 98198 www.desmoineslegacy.org

TEEN



Des Moines Youth Council

Make new friends and gain leadership and organization skills by participating in Des Moines Youth Council. The Council plans civic activities during the school year and participants earn credits towards reward activities offered at the end of the year – such as trips to Wild Waves or Seattle Mariners games.

Enrollment is open and drop-in participation is encouraged. Call in advance to confirm meeting dates. Facilitator: Julia Cain.

Grades 6-9

FREE

Meets every Thursday

3pm

Pacific Middle school

A TWO-NIGHT EVENT TO BENEFIT LOCAL YOUTH RECREATION

FRIDAY MAY 13

Our Kids-themed Night Entertainment/Food

BEACH PARK DINING HALL

Tickets: \$30 per person



for youngsters



SATURDAY MAY 14

Adult Night (21 and older) Food and Fare featuring

The Coats

BEACH PARK AUDITORIUM

Tickets: \$75 or \$150 Patron

MORE INFORMATION: www.DMLegacy.org or 206-870-6527



Teen Dances

Kick it at theme dance parties hosted by Des Moines Youth Council! Theme dance parties feature contests, concessions and dancing. Facilitator: Parks and Recreation staff.

Grades 6-8 – Student ID required for admission

\$8

Feb 12 Cupid Shuffle

7:30-10pm

Field House

May 20 Spring Fling

7:30-10pm

Field House

YOUTH

Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 8th degree Master

Fee: All participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional/available from instructor.

Tiny Tigers Kung Fu & Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

Ages 3-6		Field House	
Wed	Jan 6-Feb 24	4:20-4:50pm	\$90R \$100NR
Wed	Mar 2-23	4:20-4:50pm	\$45R \$50NR
Wed	Apr 20-Jun 8	4:20-4:50pm	\$90R \$100NR

Tiger Kids/Family Martial Arts & Fitness

Description: Kid's & their Parents or just the kids can have fun while developing coordination, focus and fitness. Students can progress in Belts & learn the simple moves of Taekwondo/Karate to the cool moves of the Ninja Turtles (Kobudo Weaponry) and Kung Fu step by step promoting confidence, achievement & safety skills. Bag Kicking & Jedi Warrior sparring also for fun.

Ages 7 yrs + Colored belts		Field House	
		4:50-5:30pm	4:50-6pm
Wed	Jan 6-Feb 24	4:50-6:00pm	\$90R \$100NR
Wed	Mar 2-23	4:50-6:00pm	\$45R \$50NR
Wed	Apr 20-Jun 8	4:50-6:00pm	\$90R \$100NR

Kokondo Martial Arts

Learn basic karate including blocks, kicks and strikes. Emphasis placed on effective street self-defense; you will learn to defend yourself against punches, grabs, chokes, bear hugs and more. Instructor: Gerry Flock.

Age 12+		Field House	
Wed/Fri	Jan 6-29	5-6:30pm	\$28R \$33 NR
Wed/Fri	Feb 3-26	5-6:30pm	\$28R \$33 NR
Wed/Fri	Mar 2-30	5-6:30pm	\$28R \$33 NR
Wed/Fri	Apr 1-29	5-6:30pm	\$28R \$33 NR
Wed/Fri	May 4-27	5-6:30pm	\$28R \$33 NR



WINTER IN DES MOINES EVENTS

POVERTY BAY WINE FESTIVAL

Sat, Mar 4 & 5
Beach Park - Auditorium
Fri: 5-10pm; Sat: 12-9pm
The Des Moines Rotary Club invites you help us celebrate the 12th annual Poverty Bay Wine Festival at the newly remodeled historic Beach Park Auditorium - \$35 per person

EGGSTRAVAGANZA

Sat, Mar 26
Beach Park Meadow, 9-10am
Enjoy a leisurely Egg Hunt with fun crafts, activities, prizes, and photo opportunities with the Easter Bunny.

LEGACY NIGHTS

Fri, May 13th, 5-9pm
Beach Park Dining Hall (kids)
Sat, May 14th, 6-10pm
Auditorium (adults)

The kid-themed night will include entertainment, crafts, a raffle and a spaghetti dinner - The adult themed night (21 and older) features exquisite dining, signature drinks, a concert featuring The Coats, and an auction!
For more information or to register, phone 206-870-6527

ARGOSY CHRISTMAS CRUISE SHIP AND BONFIRES

Thur, Dec 10
Beach Park - 6:45-8pm
Watch the festively lit Argosy Cruise Ship and carolers next to the warm bonfire.

Thur, Dec 17
Redondo Beach 8:15-9:30pm
Watch the festively lit Argosy Cruise Ship and carolers next to the warm bonfire.

BREAKFAST WITH SANTA

Sat, Dec 12
Activity Center - 9-10:15am
& 10:45am-12pm - Join us for a delicious pancake breakfast with Santa!

EGGStravaganza

Enjoy a leisurely
EGG-HUNT!

Saturday, March 26, 2016 9-10am
Des Moines Beach Park \$5

Fun Crafts, Activities & Prizes, Photo Opportunities with the Easter Bunny
Children Grade-6 & under
Children under age 5 must be accompanied by an adult

SAVE
THE
DATE!



YOUTH LEAGUES



Spring Youth Recreation Soccer League

Registration starts Jan 4 and closes Feb 26.

U6 co-ed 4-5, U8 co-ed 6-7, U10 boys & girls 8-9, birth certificates required. Child's age as of July 31, 2015.

Season Runs	Mar 14-May 21	Des Moines Area Fields
Registration Dates	Jan 4- Feb12	\$70R \$80NR
	Feb 13-26	\$80R \$90NR

Tee-Ball / Coach Pitch Coed Leagues

Registration starts Jan 4 and closes May 13.

Get out the leather glove, swing that aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing and catching properly. Playing field and rules are modified to match participant age and skill levels.

Age 3-5 Tee-ball	Ages 6-8 Coach Pitch	
Season Runs	Jun 6-Aug 6	Des Moines Area Fields
Registration Dates	Jan 4-Apr 1	\$70R \$80NR
	Apr 2-May 13	\$80R \$90NR

Coaches Meetings

Spring Youth Recreation Soccer League

Tue, Mar 1 6pm Field House

Tee-Ball/Coach Pitch

Tue, May 24 6pm Field House

For information about coaching, sponsorship and scholarships please call 206-870-6527!

YOUTH ACTIVITIES

TODDLER/PRESCHOOL

Robyn's Nest Pre-School

Take a break while your children have a great time learning, playing and meeting new friends under our watchful eye. Activities include arts and crafts, games, songs, puppetry and outdoor fun. Facilitators: Trained Staff w/ CPR/First Aid certification. (*No class 2/15, 2/16 and 5/30)

Ages 3-5			Field House
M/T/W/Th	Jan 4-28	9:30am-12pm	\$120R \$140NR
M/T/W/Th	Feb 1-29*	9:30am-12pm	\$120R \$140NR
M/T/W/Th	Mar 1-31	9:30am-12pm	\$150R \$170NR
M/T/W/Th	Apr 11-28	9:30am-12pm	\$110R \$130NR
M/T/W/Th	May 2-Jun 9*	9:30am-12pm	\$150R \$170NR
M/T/W/Th	Jan 4-28	1-3:30pm	\$120R \$140NR
M/T/W/Th	Feb 1-29*	1-3:30pm	\$120R \$140NR
M/T/W/Th	Mar 1-31	1-3:30pm	\$150R \$170NR
M/T/W/Th	Apr 11-28	1-3:30pm	\$110R \$130NR
M/T/W/Th	May 2-Jun 9*	1-3:30pm	\$150R \$170NR

Indoor Tot Time

Keep your little ones active indoors as the weather turns with age appropriate exercise and play! We will have fun tumbling mats, ride-on toys, and age-appropriate sports equipment available on hand. Join in the fun and watch them make new friends along the way.

Ages 2-5	\$20 10-visit punch card or \$3/drop-in per child	
Mon/Wed	Jan 4 – Jun 8	10am-12pm Field House

Drama for Preschoolers

Teacher will read numerous classic Picture Books and select one for children to perform. Children will make "props" (masks, headbands, wings, painted backdrops, for example) to perform a play the last night of the session. Reading and performing classic literature promotes language and supports pre-reading skills. Teacher, Shelley Seely has over thirty years as a Preschool teacher and an AA in a Childhood Education.



Ages 3-5	Field House Studio
Tue	Jan 5-Feb 9 5-6pm \$40R \$45NR



Club KHAOS

Kids having an outrageous school year!

Our energetic and dedicated staff will ease you and kids through an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits with K-Fit!

Grades K-6

Mon-Fri, Monthly, throughout the school year calendar

Highline School District Sites: Des Moines, North Hill, Marvista, Midway and Parkside Elementary Schools

Federal Way School District Site: Woodmont Elementary School

Financial Scholarships: See page 6

Wake up in KHAOS

Start your child's day with friends and caring staff. A nutritious snack and a morning filled with enriching activities, individual and group playtime starts the day just right.

6:30am-school start

Sites	Dates	Fee: Res	Non Res
Highline	Jan	\$260	\$280
Federal Way	Jan	\$180	\$200
Highline	Feb	\$260	\$280
Federal Way	Feb	\$190	\$210
Highline	Mar	\$320	\$340
Federal Way	Mar	\$230	\$250
Highline	Apr	\$220	\$240
Federal Way	Apr	\$140	\$160
Highline	May	\$270	\$290
Federal Way	May	\$200	\$220

Drop-in Fee:

Highline Sites	\$15	\$17
Federal Way Site	\$12	\$14

Winter Break *Enroll now!*

HIGHLINE AND FEDERAL WAY PARENTS:

It's not too late to register your child for Winter Break's enriching activities while you are at work! Enroll now!

M-F Dec 21-Dec 31 6:30am-6:00pm \$240R \$250NR

Sunset in KHAOS

Relax knowing your child, fueled with a nutritious snack, will burn off that excess energy absorbed in lively games, seasonal arts, crafts and creative play. Time is set aside for homework.

School dismissal – 6pm

Sites	Dates	Fee: Res	Non Res
Highline	Jan	\$280	\$300
Federal Way	Jan	\$290	\$310
Highline	Feb	\$280	\$300
Federal Way	Feb	\$310	\$330
Highline	Mar	\$340	\$360
Federal Way	Mar	\$370	\$390
Highline	Apr	\$240	\$260
Federal Way	Apr	\$230	\$250
Highline	May	\$290	\$310
Federal Way	May	\$320	\$340

Drop-in Fee:

*Highline Sites	\$15	\$17
Federal Way Site	\$18	\$20
*Highline Sites Early Release Fridays	\$20	\$22

Sunrise to Sunset

Benefit from a worry-free day and a significant fee reduction.

Sites	Dates	Fee: Res	Non Res
Highline	Jan	\$350	\$370
Federal Way	Jan	\$360	\$380
Highline	Feb	\$350	\$370
Federal Way	Feb	\$380	\$400
Highline	Mar	\$420	\$440
Federal Way	Mar	\$460	\$480
Highline	Apr	\$290	\$310
Federal Way	Apr	\$280	\$300
Highline	May	\$360	\$380
Federal Way	May	\$400	\$420

Break Time

A solution for school breaks that you don't have! Break Time provides a warm caring and safe environment where friendships flourish and leadership skills blossom participating in enriching experiences cleverly presented under the guise of arts, crafts, games, tutoring and reading. Children keep fit participating in active games and athletics. You send lunch we provide nutritional snacks!

6:30am-6:00pm

Day	Dates	District	Camp	Field House	Fee
Mon	Jan 18	FW&H	MLK Holiday	\$35R	\$37NR
Fri	Jan 29	FW	Semester Break	\$35R	\$37NR
Mon/Tue	Feb 15-16	FW&H	Mid Winter Break	\$60R	\$65NR
Fri	Mar 11	FW&H	In-Service Break	\$35R	\$37NR
Mon-Fri	Apr 4-8	FW&H	Spring Break	\$150R	\$160NR
Thu/Fri	Apr 14-15	FW	Conference Break	\$60R	\$65NR
Tue	May 31	FW&H	No School	\$35R	\$37NR

MEETING SPACE & FACILITY RENTALS



BEACH PARK AUDITORIUM



BEACH PARK FOUNDERS LODGE



DES MOINES ACTIVITY CENTER



FIELD HOUSE GYM



BEACH PARK AUDITORIUM

Our historic, yet contemporary Beach Park Auditorium boasts stained glass windows, a large outdoor patio, and cathedral ceilings. Exposed wood beams enhance the ambiance in true Pacific Northwest style. This facility is equipped with 25 round tables, 13 six foot tables and 250 chairs.

DES MOINES ACTIVITY CENTER

The Activity Center is a true hidden gem that has a charm accentuated by wood flooring, a brick fireplace and stained glass. Opening onto a 50'x50' concrete patio, this venue features a peak-a-boo view of Mt. Rainier and looks to Stephen J. Underwood Memorial Park. The patio is highlighted by the trellised landscaping of Mary's Rose Garden and a running fountain.

BEACH PARK FOUNDERS LODGE

Nature is ever present in this updated rustic venue spanning the Des Moines Creek. Floor to ceiling windows offer breathtaking views of the Puget Sound and Olympic Mountain Range beyond. Patio doors open directly onto a wraparound deck pouring into the meadow, just feet from the waters edge.

FIELD HOUSE GYM

The Field House is a full Log Cabin located in the heart of Des Moines. Generations of memories have been hosted in this venue, including weddings, corporate events, graduations and much more. Its log cabin appeal is enhanced with a full-length decorative stone fireplace, a 19'x16' stage and maple flooring.

DINING HALL NOW AVAILABLE

The Dining Hall features a full kitchen with a rustic indoor reception space. Natural wood floors and ceilings are accompanied with an expansive deck and enough tables and chairs to seat 150 guests.



CONTACT

Shannon Kirchberg
 Events and Facilities Coordinator
 206.870.9370
skirchberg@desmoineswa.gov
www.beachparkeventcenter.com



Your Guide to Des Moines Parks, Recreation & Senior Services

Rec'n 2011

January - May 2016



Men's

Basketball

League

Starts in

March 2016! pg 7

Legacy

Nights

May 13th (youth)
May 14th (adults)

Club KHAOS

Register Now

Break Camps
see page 3 >>>

